

HEALTHY RECIPES FOR YOUR FAMILY

Mee Serbaguna miurai.world

Mee Rojak

Pomegranate Noodle Salad





INGREDIENTS:

2 pieces Mi URAI
1 cucumber, peeled and thinly sliced
100 g bean sprout, cleaned
2 fried tofus, chopped
1 boiled egg, sliced in half
3 cherry tomatoes

FOR SAUCE:

2 tbsp chili sauce
2 tbsp tomato paste
1 large shallot size clove
5 cloves garlic
50 g tamarind
1 tbsp shrimp paste
6 tbsp palm sugar
600 ml water
100 g sweet potato, steamed and mashed
150 g ground peanuts
Sugar (to taste)
Salt (to taste)

DIRECTIONS:

- 1. Cook Mi URAI according to instructions on pack. Set aside
- 2. Mix chili sauce, tomato paste, shallot, garlic, tamarind and shrimp paste. Add some water and mix until smooth.
- 3. Add palm sugar, remaining water, sweet potatoes and ground peanuts. Stir well.
- 4. Cook while stirred until boiled, add sugar and salt. Let cooked. Lift.
- 5. Put boiled Mi URAI on a plate, add cucumber, bean sprouts, tofu and egg.
- 6. Add rojak sauce, serve with lime.

FOR 2 SERVINGS

PUMPKIN CURRY NOODLE

INGREDIENTS:

1 pcs Mi URAI 300 g pumpkin, peeled 700 ml water ½ medium size onion, minced 10 curry leaves, blanched 1-2 carrots, diced ½ red pepper, paprika merah 1/2 buah, diced ½ green pepper, diced 250 ml coconut milk 2 coriander leaves, blanched Sugar and salt (to taste) 1 tbsp acid water 3 tbsp cooking oil

FOR SPICE MIX:

1 tbsp paprika powder

- 1 tsp chili powder
- 1 tsp cumin powder
- 1 tsp fennel powder
- $1\frac{1}{2}$ tbsp curry powder
- 1 tsp funegreek/ kelabet powder

DIRECTIONS:

- 1. Cook Mi URAI according to instructions on pack. Set aside.
- 2. Boil the yellow pumpkin with water until soft, lift and puree. Set aside.
- 3. Sauté onion until fragrant; add curry leaves and all seasoning powder. Sauté until flavorful.
- 4. Add carrots, red and green chili pepper, stir well.
- 5. Pour yellow pumpkin puree; cook while stirring until it boils.
- 6. Pour coconut milk, boiled. Season with sugar and salt.
- 7. Add coriander leaves, stir well.
- 8. Add Mi URAI, stir well. Lift and serve.

FOR 2 SERVINGS



POMEGRANATE NOODLE SALAD

INGREDIENTS:

- 2 pcs Mi URAI 75 ml olive oil Salt and suger (to taste) 1 pomegranate, take the seeds 1 zucchini, diced 5 mint leave, chopped
- 2 stalks pasley, chopped
- 1 onion, chopped
- 1 tomato, diced
- 1 lemon, peeled

DIRECTIONS:

- 1. Cook Mi URAI according to instructions on pack. Set aside
- 2. Mix lemon water, lemon zest, olive oil, sugar and salt. Mix well and keep aside.
- 3. Mix pomegranate, zucchini, mint, parsley, onion and tomato. Mix well.
- 4. Add olive oil, mix well.
- 5. Add into the cooked Noodles, store and chill.

FOR 2 SERVINGS



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